



# PRE-K BREAKFAST & LUNCH MENU

OCTOBER 2022

<p><b>3</b></p> <p><b>Breakfast</b> Cheerios</p> <p><b>Lunch</b> Chicken Sandwich</p>	<p><b>4</b></p> <p><b>Breakfast</b> Sausage Biscuit Sandwich</p> <p><b>Lunch</b> Grilled Cheese ♻️</p>	<p><b>5</b></p> <p><b>Breakfast</b> Sausage Breakfast Pizza</p> <p><b>Lunch</b> Scrambled Eggs &amp; Toast ♻️</p>	<p><b>6</b></p> <p><b>Breakfast</b> Blueberry Muffin ♻️</p> <p><b>Lunch</b> Hamburger</p>	<p><b>7</b></p> <p><b>Breakfast</b> French Toast ♻️</p> <p><b>Lunch</b> Corn Dog</p>
<p><b>10</b></p> <p><b>No School</b></p>	<p><b>11</b></p> <p><b>Breakfast</b> Egg &amp; Cheese Melt ♻️</p> <p><b>Lunch</b> Cheese Pizza Sticks ♻️</p>	<p><b>12</b></p> <p><b>Breakfast</b> Apple Cinnamon Muffin ♻️</p> <p><b>Lunch</b> Chicken Nuggets</p>	<p><b>13</b></p> <p><b>Breakfast</b> Egg &amp; Sausage Bagel Sandwich</p> <p><b>Lunch</b> Hamburger</p>	<p><b>14</b></p> <p><b>Breakfast</b> Cinnamon Toast Crunch Cereal ♻️</p> <p><b>Lunch</b> Cheese Pizza ♻️</p>
<p><b>17</b></p> <p><b>Breakfast</b> Cheerios ♻️</p> <p><b>Lunch</b> Chicken Sandwich</p>	<p><b>18</b></p> <p><b>Breakfast</b> Egg &amp; Cheese Bagel Melt ♻️</p> <p><b>Lunch</b> Mozzarella Cheese Dunker ♻️</p>	<p><b>19</b></p> <p><b>Breakfast</b> Breakfast Corn Dog</p> <p><b>Lunch</b> Chicken Nuggets</p>	<p><b>20</b></p> <p><b>Breakfast</b> Cinnamon Toast Crunch Cereal ♻️</p> <p><b>Lunch</b> Cheese Quesadilla ♻️</p>	<p><b>21</b></p> <p><b>Breakfast</b> Blueberry Muffin ♻️</p> <p><b>Lunch</b> Cheese Pizza ♻️</p>
<p><b>24</b></p> <p><b>Breakfast</b> French Toast ♻️</p> <p><b>Lunch</b> Mac &amp; Cheese ♻️</p>	<p><b>25</b></p> <p><b>Breakfast</b> Chocolate Muffin ♻️</p> <p><b>Lunch</b> Cheese Pizza Sticks ♻️</p>	<p><b>26</b></p> <p><b>Breakfast</b> Sausage Breakfast Pizza</p> <p><b>Lunch</b> Chicken Nuggets</p>	<p><b>27</b></p> <p><b>Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Grilled Cheese ♻️</p>	<p><b>28</b></p> <p><b>Breakfast</b> Cinnamon Toast Crunch Cereal ♻️</p> <p><b>Lunch</b> Fish Sticks</p>
<p><b>31</b></p> <p><b>Breakfast</b> Breakfast Corn Dog</p> <p><b>Lunch</b> Chicken Sandwich</p>				

All meals served with a side of fruit and/or veggies and 1% white milk

♻️ Denotes vegetarian item 🐷 Denotes pork item

**\*Menu subject to change**

## STAY UP TO DATE

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